

The Catalyst

Inspiration & Instruction for Warrior Class Leaders

LEADERSHIP

DEVELOPMENT

TRAINING

Module 3

Volume 1, Issue 3

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Rest: Building Habitation

**"Great faith arises out of the place where Great Love is being enjoyed."
- Graham Cooke**

**"To everything there is a season, and a time for every matter or purpose under heaven...
... a time to heal, a time to break down and a time to build up...
... a time to weep and a time to laugh, a time to mourn and a time to dance..." (Eccl. 3)**

How does rest build habitation? Is it in rest from - rest in - or rest through? My first exploration of God's mystery in rest began pre-Graham and involved processing each option in progressive stages.

A few years after being weaned to rest from all ministry activity I felt prepared for fresh release, but heard: "**Rest in My lovingkindness.**" Simple words, but they carried the sound of profound depth to be explored.

Next came the impression to take a "Sabbath Year Rest from church." Now that seemed wrong! After wrestling a few months, I took courage to explore it's veracity by staying home in trust that He would confirm or correct. An immediate impartation of grace came, stayed and opened a new season.

Sequestered in privacy, the Bridegroom wooed my heart, pouring out a fresh love language that touched deep places, uncovering to heal insecurities and remove subtleties of religious legalism. As I was dismantled and redesigned, the enemy was dispossessed of covert hiding places.

Rest built a habitation of God's Presence - a safe place to live from, empowering me to rest through a testing season of an increasingly hostile work environment. The enemy's plan to rob, diminish and to drive me out, INSTEAD, became a boot camp training ground toward God's purpose of increase.

By now connected to Graham, acceleration came listening to his *'Way of the Warrior'* teaching. I practiced... practiced... practiced - walking out 'Rest in His lovingkindness' - His goodness - on that battlefield. Some days, my 'practice walk' wobbled, lost balance and fell short; but there was always a new day to rise up again. Prepared by Holy Spirit's early morning kiss of comfort and encouragement, I would ask for a 'do over', determined to overcome and win.

I learned to 'step back in my spirit' to gather myself and move from His heart. I began to enjoy the fight and exulted when practice became instinct. Changed, God then lifted me out for His next adventure.

The battleground is a proving ground where we prove He can trust us and where we discover Who He wants to be for us. Battlefields are the place we see Him *in action!* Happily, there's always another battlefield with fresh discovery of His goodness. We advance His Kingdom rule in a hostile world... advancing through abiding in habitation of Rest. I'm excited, wondering what God plans next. Knowing He is good, I'm confident it ends beautifully. What aspect of His nature do you need to trust?

**"He has made everything beautiful in its time.
He also has planted eternity in men's hearts and minds
[a divinely implanted sense of a purpose working through the ages
which nothing under the sun but God alone can satisfy]... " Eccl. 3:11a**

Betty R, Hutchens
Director of Leadership

"Risk & Rest: The Perfect Partners" *by Allison Bown*

There are many words that the English language pairs together:

Peace & Quiet
Leaps & Bounds
Bits & Pieces
Fast & Furious

And in Texas: Lock & Load

We have these word-partners sprinkled throughout our vocabularies; words that share similar meanings and have become connected. But **Risk & Rest** are not like that. In fact, most people would never think of them together... except God. He seems to think they work quite nicely in partnership. He paired them for Moses at the Red Sea while they were at tremendous risk of being slaughtered by the Egyptian army in Exodus 13, "The Lord will fight for you; **you need only to be still.**" At risk from his enemies, David puts them together in Psalm 62 when he said, "Yes, my soul, **find rest in God alone**; my hope comes only from Him."

And consider this quote from Graham's corporate prophetic word, "Inheritance & Glory": *"On the road of your life I have placed blessings, provisions and authority. Often they are situated next to crisis, enemy activity and human opposition, just where you need them to be so that you may always overcome."*

I used to think of crisis, enemy activity and human opposition as risk-filled places where I was likely to get hurt, not repositories for blessing, provision and authority. It began to occur to me that if such good things are waiting for me in these situations, my natural response should become more restful and peaceful when I encounter these formerly "risk-filled" situations. It's an on-going journey to that perspective, but a good one.

**In life, but especially in leadership, we will be taking risks.
We will be attempting to do things that we have never done before.
Each of us will be stepping out into
the unknown since The Warrior Class is a pioneering work.**

We will get off course on days and have to backtrack. We'll discover better ways of doing things and the higher ways of how God sees. We'll say things we wished we hadn't and have the opportunity to build relationship by dealing with them in love and honesty.

Graham made a great observation while we were sitting in Ontario at the recent Aglow conference, waiting for our website to come online. He was hoping that all involved in this new endeavor would simply enjoy the learning. "Hey", he commented, "none of us has ever done this before, so we can't make a mistake."

While I've heard him make this comment in his teaching for years, it had a much stronger impact in this context, as he awaited the outcome of two years and a substantial financial investment. He was sincerely unconcerned about all of it. In fact, he was amusing himself by rolling about the open floor in an office chair while we were having this chat.

As the discussion evolved, there was a new thought that we encountered.

**"Then, if we are always taking risks and doing new things,
then we can't ever make a mistake?"
"Yeah", Graham replied as he rolled by. "Exactly".**

On the drive home, I realized: In the past two years, I have failed at more things than at any other time in my life. I have moved too quickly at times and too slowly at others. I have confused His ways for mine. And then there's the enormous list of things I simply just didn't know how to do, so I learned as I went, which wasn't always the straightest line between two points.

But I haven't made a single mistake.

With The Warrior Class, everything was a "first time" and with everything I wish I'd done differently, I've learned incredible lessons that have impacted my life. My areas that are "missing" continue to become clearer and God's passion to stand in my gaps has left me in awe and wonder. My dependency on the genius of the Holy Spirit and my appreciation of unconditionally loving friends continues to grow.

We can only fail if we don't learn from our experiences - and that's not who any of you are. You are risk-takers or you wouldn't have signed on to explore Leadership in a group that's never done leadership development in this landscape before!

So as you consider your future as a leader in TWC, risk stepping out of the boat as opportunities emerge. Love the learning and rest in knowing that you can't make a mistake. You will be surrounded by the same grace that we have been the great recipients of. We'll laugh at each others missteps and continue to learn together.

"Risk & Rest" - it's a pretty good pair after all.

What are some current risks that may be ahead for you?

What are the obstacles you see? Ask to also see God's provision for that. What is He promising you?

Is there any fear of failure present? If so, what aspect of God's love is He giving you to displace that?

Graham Thoughts
The Rest and Renewal of Alignment:

A quick reference of excerpts from *Coming into Alignment* by Graham Cooke - pages 103-119

**"Spiritual warriors must be able to recognize when they are not living and moving in partnership with the Holy Spirit. The Lord has an impressive impact on our physical, emotional, mental, and spiritual states when He is Present with us."
~ Graham Cooke**

As leaders in TWC, we want to be aware of when we are getting out of alignment with our Truest Identity and God's true nature. As Graham has said, "It is legitimate to be tired in the work, but not of the work". If we expend a lot of energy towards things that are not aligned with God's true nature and our truest identity, we will find ourselves exhausted. When we work from passion, we renew quickly.

Good news: when we see areas of non-alignment, we know that an upgrade is coming. Something is missing and God has every intention of providing it!

We also want to recognize alignment and non-alignment in our members. This helps us not to take their behavior personally, but to use it as an opportunity to facilitate their alignment with their identity, favor and relationship with God as He really is. ~ Allison

Signs of NON-Alignment

Physical Signs of Non-Alignment:

- loss of appetite
- feeling tense and edgy
- tension & stress create nervous stomach
- lack of focus
- everything seems like an effort
- flu-like symptoms
- prefer physical activity over spiritual activity
- disturbed sleep patterns
- avoid people and places that require interaction
- headache

Emotional Signs of Non- Alignment:

- Reactive
- Anger simmers under interactions
- Poor listening
- Agitated, irritable, sad & moody
- Wants & doesn't want sympathy
- Anxious, worried & fearful
- Pushes people away

- Suspicious, mistrustful and even cynical of people
- Say "I don't care what others think", but fear being rejected
- Feels like a roller coaster of feelings, but we say nothing is wrong

Mental Indicators of Non-Alignment:

- Questions everything
- Negative thoughts plays endlessly in our head
- Pursues and pick holes in what others say
- Negative speculations
- Replays events negatively again and again
- Become super-analytical
- Creates mental scenarios where we are vindicated
- Believe the worst is about to happen
- Seeks conversation with others that share cynicism
- Pulls fragments of thoughts to create a negative picture that suits our feelings

Spiritual Indicators of Non-Alignment:

- Isolation
- Accusation of others
- Difficulty trusting others
- Untended wounds create a spiral into an Old Man perspective

Graham has more specifics on the effects of woundedness that can be helpful in assessing our own lives and in understanding others:

"Usually, what happens is that anything in our hearts and lives that is not dealt with now rises up to stake its claim on our lives. In the aftermath of a negative circumstance or event, we initially feel contrary.

***If we have broken through these thoughts and feelings previously, they will not last now.** It is a temporary reaction, and our usual spirituality will reassert itself. The place of the Holy Spirit in us will overcome. All we need generally is a place of quiet reflection.*

***If we have not broken through previously, what is rising up in us is our own carnality.** Now we have a fight on our hands. The sad truth is that the vast majority of Christians are not under attack from the enemy but are actually being assaulted by their own carnality."*

Rest and renewal in the work comes from alignment with our True Identity, God's true nature and our destiny. This is where we want to live and what we want to equip and empower our members to live as well.

Signs of Alignment:

Physical Signs of Alignment:

- In one word: Healthy
- Arrive to the battle early; leaves late
- Willingly involved with God
- Feels physical commitment and energy to do things
- Willing to perform physical tasks that make it easier for others to engage with God

Emotional Signs of Alignment:

- Stable, calm & considerate
- Open-heartedness puts others at ease
- Glorifies God regardless of circumstances
- Peacemaker
- Feels emotionally connected to the Spirit
- Trained to be joyful
- Sees the perspective of others

Mental Signs of Alignment:

- Tuned into God's personality
- Thoughtful, considerate & kind
- Access to peace and wisdom
- Will present Truth in love and mercy, even when difficult
- Ignores who is right or wrong and focus on what is right and wrong
- Constant interaction with God & have brilliant thoughts about Him

Spiritual Signs of Alignment:

- A sense of our spirit always being present with God
- Worship flows from us throughout the day
- Thankful in every circumstance
- Being God-conscious is an honor and a pleasure

Everything comes together when we are in alignment – our body, soul, and spirit join forces and maintain our spiritual momentum. **When we are aligned properly, we can move comfortably from the known to the unknown. We gain wisdom from every experience, and begin to learn how God thinks.**

Alignment starts slowly, but we have to work our way through the gears to gain speed. But first gear is better than being stuck in reverse! **It all starts with being faithful during the tests God has planted in our lives. When we take care of these little things, divine acceleration happens; and we move towards breakthrough."**

As follow through, consider reading on Pg. 113 in Coming into Alignment as Graham discusses the two ways alignment occurs:

- 1. Impartations followed by process**
- 2. Process that leads to encounters and divine acceleration**

GEMS & Feedback, etc.

I absolutely LOVE listening to people share, confirm, and add to what each of us is being taught. What a delight! What stood out was when you painted the picture of us holding our hands up like little children who had just learned the word "up." The Holy Spirit added to that the picture of my boys reaching their hands up to me saying, "Hold you." WOW! Every day I want to relive that. Every day I want to reach my hands up to my Father and say, "Up, Father. Hold you!"

Before I listened to *Pastoring People Prophetically* I had been exploring with Jesus how He chose the disciples. They were common, ordinary men with human shortcomings and faults. @hat set them apart was that they were obedient and made themselves available. Because of that Jesus was able to fill them with a powerful force that would change the course of the world. I want to be one chosen for that and want to know what can be accomplished through me when I am obedient and available. He told me "I'm going to make you into something you're not."

Then listening to *Pastoring People Prophetically*, I was catapulted into a "disciple encounter". I felt Him walk with me and heard Him talk with me about so many things. He said it was not for my note taking alone, but that it was to become part of my life, part of my identity. Graham said, "He's putting something into you that you can put into thousands in return." THAT'S WHAT HE SAID TO THE DISCIPLES! THAT'S WHAT HE'S SAYING TO US!

Throughout the three disc series were lessons like, "Defeat the enemy by being patient." "Choose the mindset you will go through life with." "Be multidimensional in the ways you love God." But the most profound point was that we should be able to put our finger on the map of our lives and say, "THAT'S where I am...and THAT'S where I'm going." "Don't get stuck in any portion of your story. Recognize the chapters and understand that Jesus is capable of rewriting the end of every one of them. Consider the next chapter and live toward it." This is a nugget of wealth that we can ponder until it becomes a part of us. Then we can give it to thousands!

Many callers commented on the scenario of the map. It was definitely a spotlighted point.

I also appreciated you sharing that God had called you to the Kingdom church, not just the local church, Betty. And I love how these calls are a celebration of what has been learned. Being ready to speak of those things is of major, major, importance. Thank you for the opportunity!

I will be leaving for vacation tomorrow and will be gone for about a week, but I will be getting on line often to read any updates, etc. I will be exploring Module 3 while on the road.

~ Janis Morgan

... 'The LORD your God is giving you rest and is giving you this land.' Joshua 1:13

Loved the conference call last Thursday. So much of this module is settling into my spirit. What you wrote, Betty, about prophetic listening is so true: we need to listen with our ears to what's being shared and we also need to listen for the Holy Spirit's prompting. That way we are able to share what God has to say to the person. Prophetic listening helps us be more sensitive and loving for the person.

What I love about TWC leadership is the "positive-ness" - helping people to come in the opposite spirit; flipping negatives to positives by reframing and instead; seeing the good side of their situations; asking thought provoking questions. All toward encouraging them to see their identity in Christ.

I love that one of Graham's goals is to "inspire, mentor and lead by example," and "that everything is relational". That's not always as easy as it first sounds, but it develops my spirit to be in a closer, more positive, relationship with Papa, Jesus and Holy Spirit. I'm walking much closer to Them than ever before! Walking with others, mentoring them in these ways, is the most exciting challenge I have going...and I love it! Thank you so much!

Looking forward to Module 3. I'll continue unpacking all this for a long time to come, adding to my luggage and tossing out old thinking as it comes up like dross.

~ Judy Austin



I was most struck, in Module 2, as well as on the call, with prophetic listening. I know that this is an area I want to grow into, as well as grow up in. There is a difference.

Learning to be a better listener is the first step. And then to make the switch from being a "fixer" to an encourager with strategic questions, present-future questions, is the "growing up into" part.

Thanks, Betty, for the encouragement to practice. As practice and persistence will bring the breakthrough. Breakthrough that is not only for us, but also for others.

~ Sue Kemnitz

I started LDT by immersing myself in the leadership materials with a focus of 'how am I applying - or how can I better apply - these principles with those I am mentoring?' Increasingly, I was feeling like I wasn't really 'getting it', or 'doing it'.

Just as the time was coming up for the second training call, I had a series of "aha" moments: I had just come through an intense, relational 6 month season of mentoring at close range. God had been weaning me away from practically everyone I had been close to in that season - some naturally, some painfully - and, my growing frustration was because there weren't people I could mentor right now! MY season was changing...

Some quotes really illuminated where God has me - "Everyone gets to be in a fruitful vineyard sometimes and in the desert sometimes". "When we take a HIT, we need to default to much loved child", "Identity is the issue 100% of the time."

God has immersed me in an experience, an encounter, and now it's time to process and gain understanding: this season is an ebb. it's about hiddenness. It's about pruning. It's about processing upgrades, revising identity statements, identifying and appropriating inheritance provision.

I have been reminded that even though I am to walk intentionally in how I relate to others (*and this training is a wonderful upgrade in that area*), everything I do in the Kingdom is based on who I am in the Kingdom, and who I am in relationship to the King. I realized anew that whatever I am learning, there is always an ebb and flow, and there are always seasons in God. it's my responsibility to stay sensitive, recognize and respond to Holy Spirit according to His season for me at the moment.

~ Susan Morningstar

Word of Testimony

I'm happy to share the joy in all that the Lord is doing with this project and marketplace assignment. I feel as though the deeper I'm in this, the more I must go back to my identity statements and prophetic promises. (*I try every morning to find time to "mine" out more of the Lord's promises to me*) Just as Graham says, it is one thing to take ground, it's another thing to hold the ground.

Joyfully and restfully, trusting the Lord is the only way that makes sense to travel on this journey. It is not always my automatic response, so I must choose to take joy-rest-trust as my garment. I am so grateful for this opportunity to learn more from all of you, and I hope that I am contributing something back to you. I am always amazed at the provisions available. I would not know these except through the wisdom and understanding from those of you who have traveled ahead, into the future and brought back these treasures, available to us from heaven. It is so awesome - it is beyond comprehension, most of the time. In faith, the Lord brings just enough revelation to move me forward sometimes accelerating, sometimes in baby steps.

I am learning to abide and build presently. The keys I'm implementing is discovering my initiators, my enablers, and my legitimate resisters. Wow! I have so much to learn and do at this spot along the way. However, this piece of the puzzle is exactly what I need to move forward with the Lord.

Thanks for letting me share with you - thanks for your role in building us up into kingdom people.

~Linda Tomlin

LINDA'S Testimony @ *Pastoring People Prophetically*

"What you thought would take years, will take months, what you thought would take months will take days, until we speak the vision and it immediately comes into existence."

This is what is taking place even now with TWC training – with my personal life and our school of needlework. Our needlework school presently trains women that come to us with a lot of baggage, including poor self esteem, lack of any identity at all. Many are cradle Christians with very little training in seeking out God, having a personal relationship with Christ, or knowing much about the Holy Spirit.

They come to our school broken, confused, drifting through their lives. They come trying our door as a means of hope. They come thinking maybe this will work for me - I can use needlework to escape my life, or start a new life. Instead, we begin using TWC as a means to rid them of their baggage, give them a new set of luggage, help them discover their purpose and open a pathway for them to see their possibilities. We get them started on a new journey that they never thought was possible.

Using many tools in the TWC toolbox that I've personally learned, and now using *Pastoring Prophetically*, *Brilliant Mentoring*, and Process as a means to displace negative mindsets. At the same time we begin professional needlework training – creating a new pathway for them to explore and begin a new journey. We sandwich the skill sets with the mindsets to bring down the negative thinking and take away baggage.

Graham's teaching on Pastoring is a great resource for me as I commit to their journey. One of the beginning points of our training is to create an instead list, write a vision, open up a pathway of thinking outside of their constraints. Within the context of needlework, and learning an artistic skill for use in the marketplace, this is a great opportunity to bring displacement to those old nasty thought processes that hold them in bondage. I have already seen major releases (*deliverance*) on a number of women (*actually during class*), and we recently had one woman receive the baptism of the Holy Spirit

Many are finding a new pathway - we are discovering together and individually what might be a new safe place for them to explore, a way to finally complete and achieve goals they are longing for. This style of discipling is creating an acceleration of personal growth in some.

Others are realizing God is directing their path, and are getting in touch with their heart and finding out more about how God is directing them.

These are baby steps, of course; but truly impacting some. We are in long term development with these women because once they learn their skills, we facilitate gainful employment, other opportunities for more workshops, and helping them establish new mindsets about themselves and work. We hope to continue their education until they can become teachers and leaders in the marketplace, and own their own businesses, too.

On my own personal growth, Graham talks about 2nd heaven, 3rd heaven levels of living. I am on that pathway and am amazed as I continue to learn more about my own inheritance words, digging deeply, listening daily, embracing obedience joyfully, many new levels in the market place are continually opening up.

Portions from: **ANSWERS TO MODULE 2**

- **This is where I am:** I am in a hidden season, a place where my Father is teaching me, pruning and upgrading. *Yesterday (at the Immigration Department)* I realize that an old giant (*fear of "not belonging to any place", fear of not becoming part of this country*) visited me and for a few hours I allowed him to intimidate me (*my hands were sweating, I barely could speak, although I answered all the questions correctly I felt like I couldn't even move*). When I arrived home, the first thing I did was spend time with my Papa. As I began to journal (*in my Warrior Journal*) and thinking about what I've been learning, my posture totally changed. At the point that I BECAME THE GIANT! I got the upgrade: Double Portion of Joy! Everything changed!
- **This is what I am learning:** I am learning to be at rest in the middle of a storm
- **How do we as leaders help create new mindsets for our members?**
 - We don't work with people's present-past, we work with their present-future in who they are becoming. We are the ones who ask questions.
 - I'm not responsible for their decisions. Instead, I allow them space to mentor themselves, to come to some decisions, to wake up to come to their senses. They need to take responsibility over their own lives.
- **How do we as leaders help create new mindsets for our members?**
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- **Why is identity so key in developing as leaders and in working with our members?**
 - Because every single thing in my life and in my people's lives is about identity. I believe that God has intention with me, He has a specific plan; so, it's all about who I choose to be in the circumstances.
 - I want to show up in my real identity regardless of what people are doing or saying and I want to help people to do the same. And it's from that place of true identity – persona that we receive from heaven, that God relates to us as His Beloved ones.
- ❖ **Consider Graham's key questions in working through relationships. How would you use them?**
 - Discipleship – is about asking questions to know the journey and the story of people around me. I want to connect with them in their story to give them a mechanism to be able to translate what's happening into story and journey.
 - To make them responsible for who they are. And to help them to walk to their next upgrade of their story – getting them to step out of the boat to a next chapter; it's about walking out their map.
 - It's about who we are; it's about us losing our fear of the unknown because we are in the grip of sensitivity and God is holding our hand. We are safe!
- ❖ **What is our responsibility to meet people's "needs" – either in development or resources?**
 - Allow them space to mentor themselves, to come to some decisions, to wake up to come to their senses like the prodigal son.
 - Help them see that blessing is available and they already have some blessing in their lives and they need to take responsibility for that.
 - Instead of carrying the weight of people's lives we are putting it off us and put it back where it belongs: "This is your responsibility. Let me help you find your way, let me help you reframing your thinking, but you're actually responsible for the way you think right now."
- ❖ **What are your new thoughts that will refresh you in your journey?**
 - There was no map when I began my journey. I make the map as I go. And when I'm walking off my map, God doesn't exactly give me a lot of detail about where I'm going. He just gives me coordinates. Or, He doesn't say anything, He just holds His hand out. What fascinates me is the thought that it's not just about going in a direction, it's about walking at the pace that He's walking. He just keeps me right close because the biggest thing I can learn in my journey with the Holy Spirit is SENSITIVITY. That's when I start learning about peace and rest and I understand that my life has a rhythm, a harmony, a melody attached to it. When I pay attention to that I stay in the deepest flow of the Holy Spirit.
 - It's not enough to believe. Believing is for babies. We have to become fully persuaded.
 - There is a childlike place in all of us that not just needs to be preserved but it needs to be enhanced.
 - Much loved daughter – someone who simply trusts in the majesty and magnificence of God.
 - Even at your least in Christ, you are more powerful than you realize.
 - What would take for you to believe that I am unceasingly magnificent towards you?
 - I want to live today in a way that makes God extraordinarily happy! I want to delight Him! And I want everything about Him to be my biggest desire.
 - You choose the way you go through life; you choose the mindset you want to live with and the Holy Spirit will get you there.
 - Every one of us has a certain sound. Inside of each one of us is a tuning fork. And the reason we should be at rest is that when God speaks something it resonates and we find our spirit vibrating. It resonates with us, then we walk in that sound.
 - I'm wired for brilliant thoughts
 - First love is where God is aiming out for us, to put us in a place of love where performance is completely unnecessary.
 - When you know your identity you can start to move in a whole different level of resources and you can embrace the destiny that comes with it.
 - Do you have the identity that could handle Him (Holy Spirit) being Himself with your people?
 - Successful people have successful habits.
 - God is happier with your presumption than He is with your unbelief. Try to avoid an evil heart of unbelief.
 - I made a decision that I would turn my weakness into a joyful vulnerability.