



The Warrior Class for Graham Cooke

# Training Journal

For the Equipping & Development of Kingdom Warriors

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## Kingdom Definition

The Warrior Class is part of a community that is redefining Kingdom intercession. In this Journal, Graham paints a dynamic picture of who we are and are becoming that begins on page 2. He has handed us a compass and a plumb line in "The Principles of The Warrior Class" that are essential for navigating this undiscovered country.

We are giving Kingdom definition to our training as well. Level One: "Qualities of a Spiritual Warrior" has moved from a concept to an experience as you discover how "intentionality with freedom" works in your development.

We are continually going to emphasize that learning and completing assignments isn't enough in TWC. We value **encounter** and **transformation** above all else. Your knowledge must always lead to an experience with God. Therefore, you will see a strong focus in this issue on areas that are essential to our Kingdom development:

Wonder, Relationship and  
God's Language of Love: His Promises.

We've said many times, "We are not a study course". **Being** with God and **becoming** more like Him is what we want to be renown for above all else. As Graham has taught us, "It is our intimacy that intimidates the enemy".

Continue to work within TWC from a position of relationship, intimacy and encounter as we continue to explore. ~ Allison

"God wants the pleasure of our company; that's why He created us in the first place. He wants us to live in His presence, forever.

Like Joshua, who Exodus 33:11 notes, "did not depart from the tabernacle" where Moses and God talked face to face, spiritual warriors are called to remain in the presence of God."

- Graham Cooke

How can I continue to abide in God during times of pressure?

"A Warrior's key question under pressure is: "What promises do I have?"

That's where you need to stay and dwell.

#1 ~ **Confess your promises to God**

"Yes I am this..." "Yes I have this..."

#2 ~ **Declare them to your circumstances**

"You have to fall, because this is mine.."

#3 ~ **Proclaim your promise to the enemy**

"You have no power here because I have this promise that strips you of your authority in this situation".

Those are our interactions with our promises. It's the language and a focus of The Warrior Class."

Graham

The Warrior Class is a journey we're taking in the Spirit and it is huge.  
It's absolutely massive. It's not a casual walk in the country.  
Yet, like many epic journeys of a thousand miles, it begins with one step.  
It's a journey out of measure into fullness as a way of life.  
It's a journey out of mediocrity and inferiority.  
Where we're going, those things won't touch us anymore.  
**But it's not enough to avoid those things.  
It's important to annihilate them as a way of life.**

## **Establishing Your Upgrades**

Every time you get an advancement, you've got to safeguard that current position and know how to establish it. Everybody I know is up for an upgrade, but there are very few people who can establish it as a way of life. Our biggest problem is not the enemy, but that the church is insisting on living in a visitation culture and not habitation. We're in a new covenant, but many are drawing all their experiences from the old. That's a visitation culture.

I want us to stand for something different. We are not trading all of our promises for a *visit* from God. We're committed to a habitation encounter and experience. We're committed to the presence of God within. It's important in The Warrior Class that we know how to establish every upgrade we get into a lifestyle.

## **Abiding Establishes our Progress**

Abiding is a key discipline to making your upgrades part of your lifestyle. "Abiding" means that is where you live and you don't get knocked out of it. It's irrelevant if your circumstances are good, bad or ugly. You have to abide in Christ no matter what. Abiding is the focus, not the circumstances.

What if all your circumstances carry an upgrade? If everything about God is about abundance and fullness, then the tap is always full on. He doesn't turn it on and off. He doesn't measure out abundance or it wouldn't be abundance! We have to have a mindset that is in line with that. Therefore, every circumstance you are in carries with it a capacity for upgrade.

## **Giants produce Mighty Men**

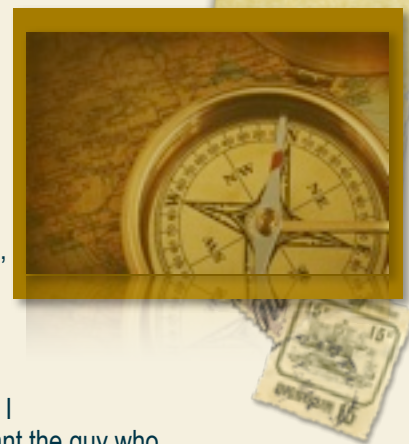
We're learning in The Warrior Class to see ourselves as God sees us. Your identity is meant to overthrow things many times bigger than you. You need some giants in your life. You can't exist and you can't grow without them. A giant is a doorway into your inheritance.

**We're not a people who are going to be overawed by the enemy.  
We are a people who are awed by the majesty of who Jesus is.**

Life in the spirit is about the power of the One with the one. The first rule of spiritual warfare is: You must be overawed by Jesus and be consumed by how strong and how powerful He is. What defines us is how we see Jesus and how we see ourselves in Him, not our circumstances. Know the giant that's in front of you and love the contest. It's not like you're going to lose!

We are producing the equivalent of David's Mighty Men and they were *all* renown for something. One warrior could kill 800 with a spear. I want *him* with The Warrior Class. I want the idiot that will jump in a pit with a lion on a snowy day. He would fit right in. I want the guy who would defend a patch of lentils until his sword stuck to his hand with blood. He understands you fight for territory. It wasn't a vegetable patch to him. It was territory. It was something he had invested in, put the time and effort into and no one was going to take it from him. I want the mentality that says: "I'm not going to be robbed!"

... continued on page 3



### Dreaming in The Warrior Class

The one thing that is certain about dreams is that your dream should *not* be obtainable for you. You'll need Jesus.

**If you can obtain your dream without Him, then it's not really a dream.**

You'll need imagination just to access His dream for you. So, what's the dream that you daren't think about because it does your head in? *That's* the dream that God wants you to have!

I think The Warrior Class dream is present, but it's in shadow. Sometimes we don't want to look because we feel we have enough on our plate right now. But the thing is: *It's not your plate.* God can fill our plates because He's the one that's going to make it work. So... maybe we need a bigger plate.

**When you see the bigness of it, the first thing you do is give it back to Him. He's the only one who can hold it.**

But you have to see it. You have to know where you're going. You have to say "yes" to it. Then you're in for a series of conversations with Him where he'll share the burden of it with you. You need to keep taking hold of it and then giving it back - and taking hold of it and then giving it back... Each time you repeat the cycle, a little more of it stays with you. When you hold it, you're made bigger by the holding. God can't give you increase without you increasing.

Part of your identity is to know who you are and who you are becoming. You can say "yes" initially, but you'll keep having to say "yes". The first "yes" is "Yes, I'll go with You". Then you get to a test where you have to embrace your identity. You have to say "yes" again. You're always saying "yes" to who you are.

That's why we've called it The Warrior Class. We're not producing a bunch of quitters. We're producing a group of people who've seen something about themselves and they are living in the "yes".

**We're called to an impossible life that can only be developed by challenges.**

Challenges are not merely to be endured, but enjoyed. We should relish the fight because the reality is when we're in the presence of God it doesn't really matter what the circumstances are.



### Warriors are Fully Persuaded

We're learning in The Warrior Class that it's not enough to believe God. We must become fully persuaded. Paul said, "I am fully persuaded that God is able to keep that which I've committed to Him". That's who warriors are. If you're not fully persuaded as you live in the clash between two kingdoms, adversity is going to do violence to your believing.

**We need to become fully persuaded - not just about who Jesus is to you but who YOU are in Him.**

Out of those thoughts comes your inheritance. I want to see all of you get your inheritance and move into something of real substance that's yours. We're helping people determine their promises and their prophecies and use them as currency. It's a big part of our language.

The reason I don't want The Warrior Class to be a pastoral group is because I want to have a group of people that are beyond pastoring. I want people grouped together around inheritance, not needs - around promises, not problems.

The entry level just gets you in, but *you* do the work of abiding, upgrading and increasing. We can't do that work for you. We're discussing our prophecies and our identity and what God has for us. In the next few years, this is what all our conversations will be around. It's the language of The Warrior Class.

### Be Joyful

The final thing is take care, real care of your own joyfulness. It's your responsibility to learn to rejoice and just to be happy. Happiness doesn't depend on what's happening. The source of our joy is that the presence of God traveling with us. We want The Warrior Class to be truly happy. To be happy when there's a fight~ to be happy when there's not a fight. To be happy in the context of ministry ~ to be happy at a party. We should be traveling together with a strong sense of joy in who Jesus is for us.

And I want to pass that along to everyone we meet when we're at events or working with groups. Let's pass on the joy we have in praying for them. When people are finished talking to us, their heart should be lighter. Their interactions with us should be delightful and when they think about us, they smile.

Which is exactly how The Warrior Class should think about Jesus and about our journey together ~ with a smile.



Inheritance words ~ the passages of scripture or person in the Bible that become your unique promise of who you are and are becoming. Every truth there is yours to inherit. The verses leap off the page and burrow deep into your heart to become the Living Word. They are central to beholding what God is really like and being transformed into that image.

### **I wonder what inheritance words are hidden for you in each Training Level of The Warrior Class ?**

Beyond learning, Warriors want a face to face encounter with God that can be drawn upon long after the materials and activations of each level have ended. Inheritance Words are a key to experiencing true transformation so that we *become* the word, not just know more about it.

Inheritance words are not casual experiences. They're like discovering a bright nugget of placer gold in the eddy of a river. Previously, you may have been content to pick one up, move on and be happy with your discovery. But Warriors realize that the nugget indicates a rich deposit to be further explored.

Inheritance words require digging and sifting. The silt needs to be swirled in Living Water for the riches to come to light. Some days reveal abundant treasure, others may seem to have less. But an inheritance word is a claim to be staked out, developed and expanded over time.

We are annihilating the mindset of performance Christianity. We're not here to complete assignments and get gold stars. We are a company of friends who want to become more like Jesus as we live in the clash between two Kingdoms. In our intercession and in our training, transformation is our heart's desire.

### **What indicators of "dig here" has God left you in our training that will uncover a life time of provision and transformation?**

If you haven't seen it yet, or if you haven't thought to ask... ask and keep on asking! It's a prayer He loves to answer! And if you've never had an inheritance word.. Oh my goodness! You have a huge delight in store.

The first time I ever heard Graham in person, he prayed for people who had never had an inheritance word. I was one of those. Before I went to bed that night, I not only had a scripture to excavate, but an encounter that began a journey I am still on today. Six years later, I've had other words, but I continue to dig out treasure and encouragement from that passage.

### **Here are some "mining tools" for your inheritance words:**

#### **1. What kind(s) of persona does my word indicate ~ either from the scripture or the person in the Bible?**

My first word indicated that my safe place would come from stepping back into Him, in rest, in stillness and confidence... most of which were rather contrary to my personality. That's why it's so perfect! God made me the energetic extrovert that I am, so He delights in giving me a promise where I can be dependent on His nature in me. I am intentional about my development in the areas of stillness, rest and confidence, but on days where there's still too much internal noise or I get out ahead of Him, I am encouraged by the word .

#### **2. What promises are in this scripture?**

In my same word is a promise that I *will* hear Him and I'll know which way to go, on a straight path, not getting off course. It's one of my favorite declarations when my prophetic identity is under fire.

#### **3. What is the nature of God to discover? Who does He want to be to me here?**

My passage contained a fabulous aspect of God's nature: His graciousness. It is a promise that even when I miss it, God joyfully waits to be gracious to me. It has transformed my image of God from someone who was tapping His foot impatiently, wondering when I'd get it - to a grace-filled, patient Father who is happy to wait because He's so confident of who He is in me. These scriptures continually strengthen my trust in His faithfulness, rather than in my performance.

Warriors respond....

**"When you accept that you are Beloved, all the time, and in all circumstances, then your provision will always rise to your perception of who you are in the Christ."**

My new nature loves to see and experience the provision the Father has for me in who He created me to be. The Holy Spirit helps me focus on what is important. Am I perfect in walking this? No but I am getting closer every day, stronger, confident and less influenced by a negative! Yeah Holy Spirit, thanks for loving me and rooting hoo-rah! to an upgrade in Love.

**"The Bridegroom leads the Beloved in power. Learn the ways of power as God's favorite. The Beloved will always overrule the enemy because exultation increases revelation, and revelation exposes every situation to the will and power of your God."**

This reminds me to worship and praise through everything. The reason I want and need revelations is to expose every situation to the will and power of my God. That's when I walk in the light of His love.

**"Your life is lived in the space between the father and the son. Enjoy our intimacy as your own."**

These two phrases have dramatically changed how I see myself as being loved by God. I have learned to rest in Daddy God and really allow Jesus to be my big brother. The love that Daddy God has for Jesus is the same love He has for me; so I relish it completely.

**"Joy empowers you to overcome.. You overcome when you accept that My joy is a powerful weapon in your life."**

Since the conference in March I have had such joy as never before! The more I know that I am loved and am the beloved the more joy I have. Having this more and more in my identity has increased my intimacy with Jesus.

In this place of joy I am in a powerful place that the enemy cannot penetrate! I LOVE that it even becomes an offensive weapon against the enemy as well! This revelation of joy is a deep well that I know will keep getting sweeter and deeper!

**"Just stay, dwell and live from the place I have set aside for you. There is no place to get to, you are already there. All you are learning is how to abide in, explore and discover all that I am for you."**

This phrase has helped me remain free in my thoughts, not to compare myself to anyone else but to simply enjoy where He has me.

I get an image in my head of a huge mansion-like place with lots of hidey holes, niches and gardens to explore and find treasure in. Wherever I am IS that place He has set aside for me and I will enjoy all I am to discover.

**"As your new nature abounds in you, new habits are formed that replace the old habits of the flesh."**

Since the conference, numerous changes are occurring within myself. The old is being replaced with beauty, gifts that only God can give.

**"The Beloved knows that a problem cannot occur without a promise and a provision also being present."**

The impact that's had on my ability to Think Brilliantly is this; when I begin to feel anxious about something I remind myself that rest and joy are weapons. I go to my secret place with Him remembering who I am - His much loved child.

In that place I'm free to search for the promise and provision He provides for my current situation, knowing His plans for me and those I love are good. His creativity has no boundaries so I confidently anticipate His custom made provision for whatever need is present.

**"I know you, and I understand you."**

...To take deep into my heart the experiential truth that I am known and UNDERSTOOD by my Papa God has brought healing, and a deeper openness of my heart towards Him - an expanded capacity to trust Him deeply and receive His love. He understands me! Oh, the deep security and comfort in knowing that I can never be misunderstood by my Father.

**"The more extravagantly you allow yourself to receive love, the more you will become the Beloved. The more love you accept, the stronger your passion for My Spirit develops."**

This is something I once knew, but hadn't allowed myself to explore abundantly. I always felt "competitive" in that whatever love He poured out for me, I'd better try and match it...and quickly!

Now I feel more like just soaking in His extravagant love for me knowing that I will be able to give it back to Him without having to try. It just flows at the right time.

*"You are free to move about the Kingdom!" As Graham spoke those words during "The Art of Thinking Brilliantly", my heart was once again changed forever. It was a declaration over me of love and trust from the Father, breaking chains once again.*

*After that experience, has come the understanding. This is a pattern of my walk with Him. First the heart and then the head. He has placed me in a people group where it is not just "okay" to be free to explore Him and His Kingdom, it is greatly encouraged. He opened wide a door of opportunity for me and daily I choose to walk through it. With all of you, I choose training on this battlefield, while supporting Graham in intercession, as a warrior for the advancement of God's Kingdom.*

*I am a friend of God, who is totally dependent on Him, for all things. My ear is always against His chest hearing the beating of His heart. God always speaks to my heart first and I always listen for His. I am a heart person. I am a human "BEing" not a human "doing".*

***I don't "do" the training,  
I let the training be a tool in the hands of Holy Spirit to shape me into His image.***

*Because I have always had a struggle with processing information, I have relied on Him as my first line of revelation with confirmation and information coming from other sources. Holy Spirit promised to be my Teacher, my Friend, my Guide, my Comforter and the One who would instruct me in the way I should go. This is my way of life. This is who I am. I have learned and continue to learn, to see and to hear, to love and befriend, by the Spirit of the Lord.*

*When I first heard Graham, I knew in my heart, I had found a kindred spirit who loved the Lord, as I did. I officially became a part of Graham's intercessors in 2005. Because of one act of obedience - one "YES", I have known abundant blessings. I have grown free and upgraded through being immersed in all Graham has taught and been.*

*As a heart person, with processing challenges, I find Graham's soaking CD, "Becoming the Beloved" one of my greatest blessings. It pierces my heart and that is always the place of beginning. I sit. I soak. I wait on Him and then after many times of "sandblasting", the dead skin is exfoliated off of my mind and heart and the Truth emerges.*

***As I embrace this truth, it becomes a part of me  
and I come out on a higher level of knowledge of who I really am as His .  
I look for the place in the training where my breakthrough fits.  
Seems backwards, I know, but it works for me.***

*I have seen many of my prayers answered in The Warrior Class for which I am deeply grateful. This is a brotherhood of combat veterans, mature sons and daughters of God, who are not content to sit idle, but who want this fight to take this ground for His glory. Open doors of relationships and unity, honoring and encouraging one another on our journey through the training is what we are building in TWC. I am overjoyed as I look into the face of TWC because it is your faces I see. He has called you to this battlefield by love. He has a great vision of us that can be brought about as we train side by side, with intentionality and freedom. There are no chains on us.*

***We are free to move about the Kingdom.  
We are free to move about The Warrior Class.  
Ding, Ding, Ding.....Get up and move!!!***



*How are YOU approaching your Warrior Class training?*

*"I like to get a bigger picture, so I started by grazing through most of the material, then listened to the Soaking CD. When something strikes me in the spirit I stop and ponder, pray, ponder, mull it over. Then I go back and review things that stick before I move on to more. It's interesting how Holy Spirit directs that. It always weaves together beautifully."*

"I have been slowly working through, "Qualities of a Spiritual Warrior" again. This time around I am taking the time to answer the questions by thinking through them and writing my answers down...I am getting a deeper understanding in my heart with comprehension in my thinking."

"I am doing one at a time... listening to the CD repeatedly in the car as I commute has shifted the atmosphere in my head and heart very nicely.. My heart is in a whole other place because of that, and more ready to dig into the book with a 'highly favored' mindset."

"Once a week I meet with two other ladies to listen to one of Graham's CDs and discuss them. For me it takes listening to these messages repeatedly so they can "sink in". I find myself remembering certain key phrases that are a great help in keeping me on track to Think Brilliantly. I've also written a crafted prayer which I pray over myself each day. The old habits of thinking are breaking off and new ones are taking their place, praise God!!"

"I am concentrating on re-reading Qualities. I take it one chapter at a time and then work through the assignments afterwards. I also plan to go through the Decisions on a weekly basis to keep them fresh in my mind."

"I started with The Way of the Warrior because ... of the decisions that define us: "We want this fight." In reviewing what it means to be a warrior, I become more comfortable with how I uniquely fit the role of a warrior."

*"I am focused, refusing to rush. I am investing multiple times of listening and reading, interspersed with times of meditating and writing."*

*In the first listen of 'Becoming the Beloved' CD, I nibbled and liked it. Next, I broke it down to repeated plays of one section while reading the words then I upgraded to greater "appreciative chewing".*

*Recently, I saw a picture my heart and various layers under the responsive top soil. Formerly unrecognized 'hard pan' areas are being transformed with time and intention. My nibbles turned to delight and my new cadence: **The slower pace wins deeper space."***

*"I like to get an overview and then focus on one thing until the Spirit directs me to move along; yet there are times where I will work with 2-3 things at the same time and look at how they work together. "*

"Transcribing and writing, as well as listening. I find I better absorb and process when I can write it out and underline.

Re-reading Qualities of a Spiritual Warrior during this and journaling areas of advancement...seeing where I have grown in each area and see where I desire to go further."

*" ~ Soak in a CD at bedtime  
~ Read and highlight  
~ Type paragraphs on 3x5 cards  
~ Create declarations & say them out loud several times a day.*

*I've found that to process deeply, I need the focus which comes from one area at a time. I've discovered that I need to 'assign' myself a schedule (without being legalistic), or I just let things drift too much. Such a rich deepening journey, I find that I want to savor every bit."*

*"I started with Becoming the Beloved and reading the Qualities of a Spiritual Warrior. I have listened to some of the sessions more than others. Sometimes just a phrase or thought, captures my attention and I know that is the thought of the day. I just stay there until I am ready for a new thought."*

"I am using the teaching of "Qualities" to redefine my purpose and goals as a Warrior. Being a Warrior is not new to me but becoming a loving - laser sharp - heaven seeing Warrior is a deeper spiritual process of development. I am learning to live from this place."

I am as passionate to record what the Holy Spirit has been showing me as He is passionate to reveal it. It is part of my training as a Warrior to treasure what He lavishes on me. In all my learning and development in The Warrior Class, I never want to lose the *wonder* of God's delight in my life. He has been opening the eyes of my heart to experience and encounter **Wonder, Awe and Amazement**.

At March Conference Graham challenged us:

**“What kind of passion needs to govern your thinking about Jesus?  
What is He most passionate about regarding you right now?”**

The Holy Spirit is passionate about His job to teach you. If you say, “This is what God is showing me” then you’re obligated to the Spirit to be passionate about what you’re seeing – not just casually inspired. Be really joyous about it!

One might think to experience wonder, you need to travel to the highest mountain, witness the miraculous growth of a limb or supernatural disappearance of a tumor. But no, God has chosen a rather unsophisticated way to teach me – almost betraying the word “wonder” itself. (My favorite name for Him is Jehovah Sneaky!)

I did not know that I could possibly be so delighted, so completed, so awakened by anything aside from the coming of the Lord. But God is passionate about me living in *wonder* from a most unlikely source...

I affectionately describe my two grandchildren as my Grand Delights and for good reason! My role as a grandmother is truly wonder-FULL. “Wonder” is defined as being *“overwhelmed with emotion...by the presentation...of something new, unusual, strange, great, extraordinary or not well understood; something that arrests the attention by its novelty, grandeur or inexplicableness. Wonder is the effect of novelty upon ignorance. To be affected by surprise and affection.”* (Noah Webster Dictionary, © 1828)

My first experience with “wonder” was at how the birth of our first child inexplicably changed my son. One

moment, he was one person – the next, a miraculous transformation. He was a father, never to be the same. I have no words to explain the profound love or the joy and beauty I witnessed. It was holy. It put me out of my mind, into a place of transcendent wonder. He said “Mother, isn’t she beautiful?” I said “Yes, Son, she is but I can’t imagine anything more beautiful than you right now.” We were both caught in the “Wonder”.

That was the first of many “opening the eyes of my heart” which have occurred during these past years. My children and the grandchildren now are windows that display God to me. Often, I sit transfixed – caught in the whimsy, majesty & wonder – unable to pull myself away from the experiences of two little girls being awakened to the world, to love and to delight.

I don’t know if I have ever experienced this kind of passion before. If I did, I had completely forgotten it – or it had been overwritten by other messages & messengers. However, I now am experiencing the delight, wonder and amazement of my Father’s love toward me, *His "grand delight"*. I’m now aware of the joy I bring Him when He interacts with me as I freely move about the Kingdom.



**Consider these questions as your "Homework for the Journey":**

***Where is your life being touched by wonder, passion & astonishment?***

*(It may arrive in the least likely package!)*

***What is God saying to you as you spend time simply letting Him adore you?***

*As you allow yourself to be lavished with His love, your capacity to see and encounter wonder expands. Prioritize time to soak in being His "grand delight".*

Please stop and record your thoughts. Enter into the Father’s passionate heart for you. You will find yourself more connected with His Wonder-FULL-ness! ~ *Kathy*